# Board Talk Coffee Morning Our next Coffee Morning is Friday, July 12. -Lo

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**July 2024** 

# Mondays

**Regular Activities** 

Aquafit at 9:00 a.m. Exercise at 10:30 a.m. Friendly Bridge at 1:30 p.m.

# **Tuesdays**

-Lois Kay

Shuffle board at 10:00 a.m. Exercise at 1:15 p.m.

# **Wednesdays**

Aquafit at 9:00 a.m. Exercise at 10:30 a.m. Card and Board Games at 1:00 p.m.

# **Thursdays**

Shuffle board at 10:00 a.m. Exercise at 1:15 p.m.

# Fridays

Aquafit at 9:00 a.m.

Aquafit is in the Pool. Exercise and Card Games are in the Card Room. Shuffle board is on the Tennis Court, season and weather permitting. Come join!

Coffee Hour is at 10:00 a.m., the second Friday of each month. Watch the bulletin boards for dates.

### Milk Bags

These continue to be collected for weaving into mats. These mats are distributed to disaster areas overseas. Please ensure that the bags are dry inside. There is a box in the card room for collection of the bags.

# Annual Plan Items - July

- Schedule Fire Drill
- Annual Pool Deck Maintenance

# **Happy Hour**

On the last Friday of last month, we held a very successful *Happy Hour*. About twenty residents gathered in the BBQ area in the late afternoon along with a drink of their choice and snacks to share. We hope to repeat *Happy Hour* towards the end of this and next month. Please look for notices.

### **Lock Boxes**

The Corporation provides a cabinet for key lock boxes. This is located between the exterior entrance to the moving elevator and the main entrance. It is to be used for all key lock boxes. Key lock boxes attached to any of the building's railings, and in particular to those around the emergency exit stairwell by the above-ground parking will be summarily removed and disposed of.

Key lock boxes are recommended for residents who need to provide restricted access to their apartments for care providers, emergency first responders (via *LifeLine* or similar services), or contractors. Key lock boxes can only be opened with a code and are securely attached to rails within the lock box cabinet.

All key lock boxes must be registered with Management. Please speak with Arun to arrange this.

Management can provide key lock boxes at cost.

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# **Emergency Evacuation List**

A reminder to everyone that we maintain a list of people who would need help in evacuating in the case of a fire. If your circumstances have changed and you need to be added to this list, please speak with Management as soon as possible. Likewise if you know of names that should be removed.

Thank you.

# **Cooking Smells**

To avoid bothering neighbours with cooking smells, please observe the following suggestions:

- keep your suite door closed;
- · switch on your kitchen's extractor fan; and
- open windows.

### P2 Leaks

Those of us who park on P2 are aware of leaking walls. We have engaged a contractor to seal leaks with an injection process. They will also paint affected walls to improve aesthetics.

# **Security Infrastructure**

A project to improve functioning and coverage of exterior lighting has been completed.

We are also in conversation with *Protiigo*, a company specialising in high definition cameras, to supplement our surveillance camera system. Their systems have a number of advantages:

- backed up by AI;
- can recognise suspicious activity and initiate calls or a security service visit;
- can activate lights and sirens; and
- selected camera images can be viewed via the Internet potentially and partially solving the lobby cam problem.

# **Security Behaviour**

Do not allow unauthorised people into our building. Do not open doors for strangers or people claiming to have "Amazon deliveries," especially if you are not expecting one. Do not use the electric door opener when exiting the building; do check that the door closes behind you when coming in. Consider using the door on the other side of the garage entrance ramp as an alternative if someone is loitering at the main entrance.

### Pool

A reminder that four is the maximum number of guests a resident may bring to the pool and they may not use the pool unattended. Do not lend your fob to guests and non-residents and do not leave your keys and fob unattended in the pool changing rooms.

# **Driving in Our Parking Garage**

We continue to hear of drivers speeding in the parking garage and of pedestrians having to jump to avoid being hit. This is unacceptable.

The speed limit is 10 kilometres per hour (approximately 6 miles per hour or 9 feet per second).

Watch out for pedestrians, slow down in their presence, and slow down by the elevator lobby doors!

For the safety of residents please drive with courtesy, awareness, and common sense. Turn your headlights on. Use your signals. Remember that ramps are two-way and to keep to the right-hand half, **not** the middle half. Remember also that the rest of the garage is a one-way system – yes, we've seen people going the wrong way. **Don't!**